



al



Hat Game

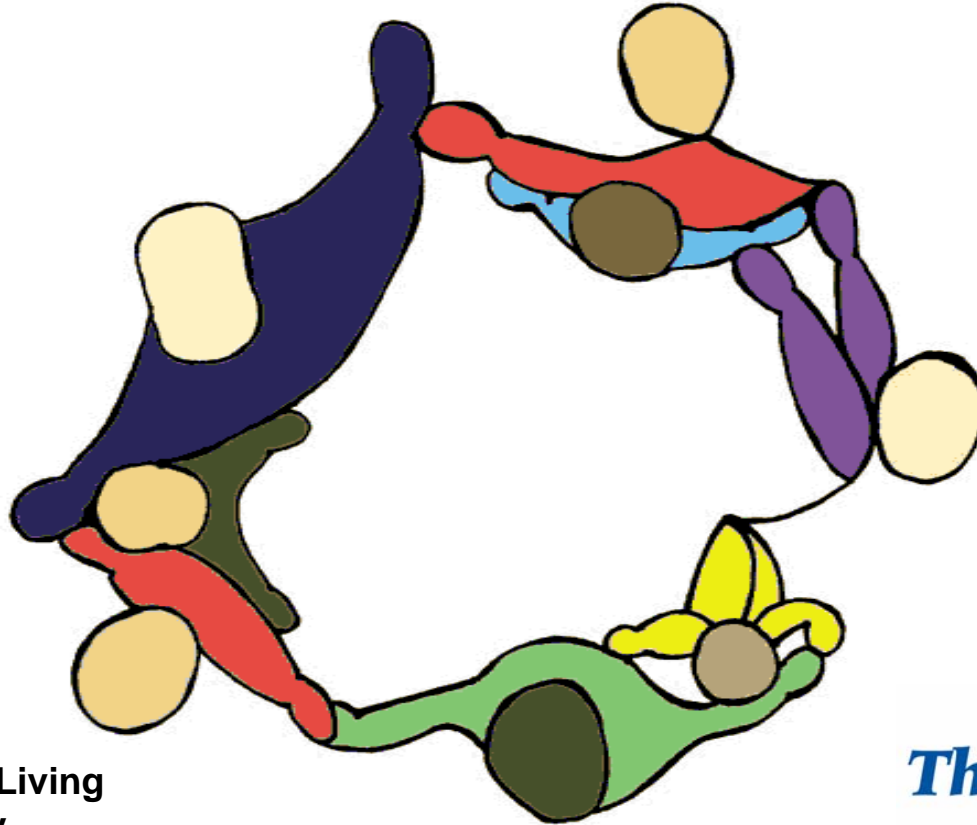
1. Each person in the group write a rule on a piece of paper, fold it, and put it in the hat.
2. Start playing a game with equipment provided
3. Pause the game and introduce a rule. (repeat)
4. Modify as the game progresses



Inclusion Services

“A Community For Everyone”

Stephen Holloway, Inclusion Coordinator



Community Living
Thunder Bay



RECREATION & CULTURE
DIVISION

What is Inclusion Services ?

Inclusion Services is a partnership between Community Living Thunder Bay and The Corporation of the City of Thunder Bay.



Created as a result of the need to offer the same recreation opportunities to people with disabilities as are offered to the general public.

For this to occur in a genuine way, the supports have to be in place so that activities can be accessed.

Inclusion Services has been created in hopes to fill this gap by providing support to people.

Vision

All Citizens of Thunder Bay have equal opportunity to access and participate in all recreational services provided by the City of Thunder Bay

Mission

To ensure recreational opportunities at City facilities are physically, functionally, and socially accessible to persons of all abilities.

What is Inclusion?

Inclusion is:

- Having the same choices and opportunities that everyone has.
- Being accepted and appreciated for who you are.
- Being with friends who share your interests, not your disability
- Being a valued customer and a welcomed participant in community programs, regardless of your ability level
 - Having facilities and areas that are accessible and easy to use by everyone
- Providing the necessary individual adaptations, accommodations, and supports so every person can benefit equally from an experience in the community with friends

**Inclusion Looks
Like This...**







Real inclusion comes only when programs and individuals welcome and include all persons who wish to participate, recognizing their talents, and not their disabilities.



How did this all get started?

Start up funding from the Ministry Of Health Promotion in 2005 with in-kind contributions from Community Living Thunder Bay and The Corporation of the City of Thunder Bay.



Community Living
Thunder Bay



Community Living Thunder Bay contributed 2 Inclusion Facilitators and the City of Thunder Bay contributed 1 Inclusion Facilitator and 1 Inclusion Coordinator.

Canada Games Complex
and the Thunder Bay 55 Plus Centre.

Volunteer Pool, Sir Winston Churchill
Pool, and the Herb Carrol 55 Plus Centre

Community Centres

Skating Programs
and Neighbourhood Recreation Programs

Completed our compliment of supported program: Youth
Zone, Chippewa Summer Camps, Playgrounds, Canada
Games Complex Adventurer's Camp

We are able to support people of all abilities and ages

Many participants come from Community Living Thunder Bay

But also: Options Northwest, BISNO, Ave II, Lutheran
Community Care Access Centre, St. Joseph's Care Groups

All participants are members of the community who have
requested support to be successful in our recreation programs

How do we operate?

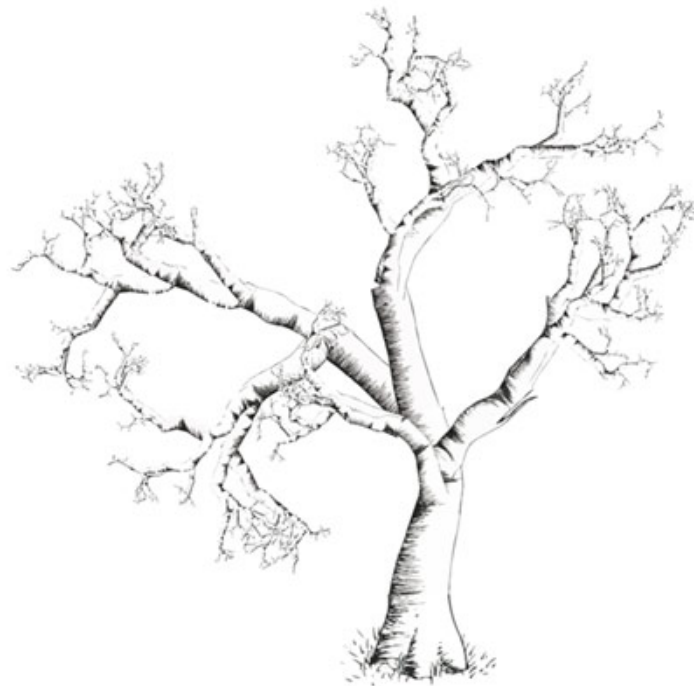
1. Through promotion through a variety of means participants or their supports contact us for support in programs
2. We conduct a participant intake meeting and orientation to facility
3. Determine how the participant will be supported
4. Connect the participant with a facilitator and a volunteer if suitable
5. Review support techniques and program choices periodically

The Bigger Picture

- Promote ourselves along with promotion of all recreation programs
- Training with facility staff on the functioning of the service, as well as on supporting people with disabilities – creates an organizational focus on serving all people equally
- Volunteer program and student placements to increase the supports that we are able to provide
- Supporting people to become independent facility and program users

Personal Attendant
for Leisure (PAL) Card

Let's Play
Activity Trunk



Alternate recorded
format of The Key

I for

Get Active Now
Equipment Bag



ACTIVE LIVING RESOURCE CENTRE FOR ONTARIANS WITH A DISABILITY



Good Support

Bad Support

1. Select people to serve the roles in two versions of a skit: facilitated participant, Facilitator providing supports to the participant, Leader running the activity for the entire group.

2. Role play a negative experience

3. Role play a positive experience

4. Debrief



Training Staff for Inclusion



Provide Training to City of Thunder Bay Recreation & Culture Programs that Inclusion Services is involved with:

- ❖ **Promoting Social Inclusion**
- ❖ **Activity Adaptation**
- ❖ **Etiquette and Language**
- ❖ **Methods of Communication**
- ❖ **Barriers to Participation in Recreation**



Day 6 (All Staff)

SL

5:00	Ice Breaker
5:15	Review and Open Forum
5:30	Social Inclusion and Relationship Building
6:30	Behaviour Redirection
7:00	Break Time
7:15	Scenarios
8:00	Games and NEW Games
8:35	Questions and comments
8:50	Slideshow
8:55	Evaluations

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grounds,
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What are the Benefits of Inclusion Services ?

A major misconception of inclusion is that it only benefits the participants with disabilities



Promoting happier and healthier lifestyles through participation in physical, social, recreational, and leisure activities.

Increasing the number of people with disabilities who are able to participate in a meaningful way in the programs at the Canada Games Complex and the Thunder Bay 55 Plus Centre.

Make new friends!!!

Accommodating the individual needs of persons with disabilities with the aim of enhancing their experiences at these facilities.

Through inclusion everyone learns to accept and appreciate the diversity that exists around us everyday

Language of Us/Them

We like things. *They fixate on objects.*
We try to make friends. *They display attention seeking behavior.*
We take breaks. *They display off task behaviors.*
We stand up for ourselves. *They are non-compliant.*
We have hobbies. *They self-stim.*
We choose our friends wisely. *They display poor peer socialization.*
We persevere. *They perseverate.*
We love people. *They have dependencies on people.*
We go for a walk. *They run away.*
We insist. *They tantrum.*
We change our minds. *They are disoriented and have short attention spans.*
We have talents. *They have splinter skills.*
We are human. *They are _____?*

Meyer Shevin