

GLOSSARY OF TERMS

RECREATION

All those things a person or group chooses to do in order to make leisure time more interesting, enjoyable and satisfying. According to an Ontario Ministry of Culture, Tourism and Recreation Policy Statement, there are three elements contained in this definition:

1. CHOICE – having both a variety of pursuits to choose from and having the opportunity to make choices about them---based on one's needs, interests and abilities
2. INDIVIDUAL/GROUP PARTICIPATION – having the opportunity to do things on one's own or with others
3. ENRICHMENT- having the opportunity to enhance one's quality of life through enjoyable recreational pursuits

**“Recreation’s purpose is not to pass time,
but to make time live;
Not to keep a person occupied,
but to keep him or her refreshed;
Not to offer an escape from life,
but to provide a discovery of life.”**

– author unknown

INTEGRATION

A situation where there is equal opportunity for a minority group or individual to join the majority. Basically, integration is a concept based on fairness. This does not necessarily mean everyone must be treated the same; it means every person has access to the same opportunities.

ACCESSIBILITY is a situation which permits and/or promotes easy approach, entrance, exit or attainability. Access will often lead to inclusion.

INCLUSION is what happens when we consider the needs and dignity of an individual with a disability or special need to live within the community. Inclusion promotes mutual benefits for both the community and the individual. We can think of this as the “integrity” part of integration.

INCLUSIVE “STEPPING STONE” PROGRAMS (transitional)

These are slightly modified introductory programs which invite an individual and/or their family to participate together in a community program with some support. These programs are useful as a “bridge” for a participant to transition to either a more mainstream program or a more specialized program of their choice.

SPECIALIZED/ADAPTED PROGRAMS

These are modified programs (with higher staff ratios) that have been requested and designed to meet a group's needs and address their interests, and may also require specialized equipment. The staff are more qualified and have additional training to work with participants in these programs. People ask for and choose these types of programs because they are looking to join a group such as an exercise program for people who have had a stroke or wheelchair dancing. The city promotes inclusion and offers choice which includes specialized programs.

SEGREGATION

To separate, keep apart. Segregation is usually associated with exclusion from a group, often without regard for mutual benefit, and rarely involves choice. It separates and isolates. For example, one may be segregated from society because of a contagious disease. The city promotes inclusion and offers choice which includes specialized programs not segregated programs.

ATTITUDE

A point of view based on personal and collective values. It affects individual behaviour and public policy.

PARTNER

One who shares something with another; an associate in business or other enterprise; partaker; sharer

PARTNERSHIP

An association of two or more people in a business or other enterprise; an association in which two or more people share something; participation



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