



Welcome to the Tenth Canadian Congress on Leisure Research

On behalf of the CCLR-10 Organizing Committee, I'd like to welcome you to the University of Alberta for the Tenth Canadian Congress on Leisure Research. It is our privilege to host this important "anniversary meeting" of the Congress, and to welcome returning and new visitors to Edmonton. This year marks the twenty-first anniversary of the last Congress to have been held in Edmonton (CCLR-3) - a meeting notable for the inauguration of CALS, the Canadian Association for Leisure Studies.

For the past three years the Organizing Committee has been working very hard to ensure that CCLR-10 will continue the tradition of the well-organized yet informal and collegial meetings for which the Canadian Congress is renowned. We will have succeeded if you leave Edmonton with a positive experience of the campus and the city, having taken part in an intellectually stimulating Congress within a friendly environment that promotes informal and personal interaction.

We should like to take this opportunity to thank the University of Alberta, the Canadian Association for Leisure Studies, and the City of Edmonton for their sponsorship and support. On a personal note, I want to acknowledge the hard work put in by the members of the Organizing Committee - Karen Fox, Tom Hinch, David Mitsui, Brian Nielsen, Guy Swinnerton, and Gordon Walker - and especially grad student Aggie Weighill, who was not only an active member of the committee but took over many of the details of preparing for the Congress over the last few months. The student volunteers also deserve our thanks.

We have been gratified by the almost overwhelming response to the Call for Papers, which has resulted in an unprecedented 130 papers and posters appearing in the program. Thus, my last thanks go to all the delegates in attendance, and especially those who took the time to prepare and submit the most recent examples of their best work in leisure studies. I also appreciate the speedy replies and (I hope!) good humour with which my numerous e-mail messages to everyone seem to have been received!

We hope that you will enjoy your visit to the University of Alberta and the City of Edmonton, and that you will take some time to enjoy the unrivalled amenities of this beautiful Province. Have a great Congress!

A handwritten signature in black ink that reads 'Ed Jackson' in a cursive, slightly slanted script.

Ed Jackson
For the CCLR-10 Organizing Committee



Office of the Lieutenant Governor of Alberta
3 Floor, Legislative Building
10800-97 Avenue Edmonton,
Alberta, Canada T5K 2B6

It is with a great deal of pleasure that I welcome delegates to the Tenth Canadian Congress on Leisure Research (CCLR-IO) hosted by The University of Alberta's faculty of Physical Education and Recreation. This Congress promises to be an exciting opportunity to share leading edge information in the field of Leisure Research with delegates from across Canada as well as with delegates from the United States.

the University of Alberta will ensure that this Congress is a well-planned gathering which will deliver the excellence you might expect from an institution that is recognized as an international leader in research,

Albertans are well known for their western hospitality and I hope you have an opportunity to sample some of the attractions which are available for your enjoyment. Please accept my very Best wishes for a most enjoyable and informative congress from which you return to your homes with a strong desire to return to Alberta sometime soon.

A handwritten signature in black ink, appearing to read "Lois E. Hole".

*Lois E. Hole, CM AOE
Lieutenant Governor of Alberta*



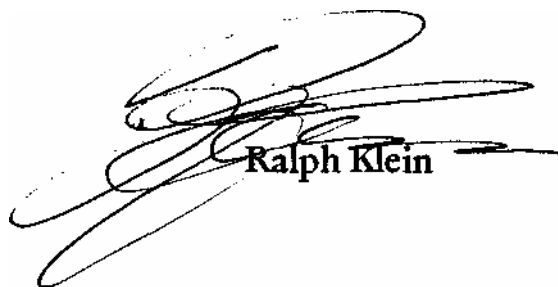
THE PREMIER OF ALBERTA

Message from Honourable Ralph Klein Premier of Alberta

On behalf of the Government of Alberta, I am pleased to extend greetings to the delegates of the Tenth Canadian Congress on Leisure Research.

Leisure and recreation are as important as they are enjoyable. The way we spend our non-working hours has a profound impact on our personal health and quality of life, and on the overall well-being and development of our culture and society. With this in mind, the Government of Alberta is working to ensure all Albertans are able to benefit through positive and creative leisure. The Alberta Centre for Active Living at the University of Alberta is an excellent example of how we can work together to build healthier citizens and stronger communities.

I wish you all a successful and productive congress, and I sincerely hope you will have an opportunity to enjoy a little leisure time here in our beautiful province.



Ralph Klein

May 2002



UNIVERSITY OF ALBERTA

Welcome to the University of Alberta—a leader in teaching, research and community service. We are committed to excellence. Our vision is to be *indisputably recognized* in teaching, research and community service, nationally and internationally as one of Canada's finest universities, and amongst a handful of the world's best.

The University of Alberta is pleased to host the 10th Canadian Congress of Leisure Research. Over the next few days I hope you have the opportunity to explore our wonderful city with its many attractions. The Old Strathcona historic area, the Muttart Conservatory, Fort Edmonton Park, and our river valley with its extensive network of walking and cycling trails are but just a few of the attractions you can enjoy while in Edmonton.

Over the next few days you will meet delegates from around the world to discuss leisure research and the benefits for future generations. On behalf of the University of Alberta I am pleased that you are here on our campus, and I wish you all the best during the 10th Canadian Congress on Leisure Research.

Sincerely,

A handwritten signature in black ink that reads "R. D. Fraser".

Roderick D. Fraser, PhD
President



Message from the Mayor

Welcome to the Tenth Canadian Congress on Leisure Research (CCLR-10).

This year's theme, *Celebration*, is appropriate as you pay tribute to a generation of scholars who have been instrumental in the development of leisure research in Canada. I salute the University of Alberta's Faculty of Physical Education and Recreation for putting together a timely and thought provoking program.

Your agenda for the next few days is quite full, but for delegates visiting Edmonton for the first time, I encourage you to take advantage of the many attractions our city offers to visitors.

Best wishes for an enjoyable and rewarding Congress.

Yours truly,

A handwritten signature in black ink, appearing to read "Bill Smith", written in a cursive style.

Bill Smith
Mayor


Dear Delegates,

I am pleased to bring greetings to the 10th Canadian Congress on Leisure Research on behalf of the Faculty of Physical Education and Recreation and the University of Alberta. We are proud to serve as the host Faculty for this conference. Our Faculty has a long-standing commitment to the promotion of recreation and leisure studies through undergraduate and graduate education and research.

We are extremely excited to continue to demonstrate this commitment through CCLR 10. The Canadian Congress on Leisure Research has developed a world-wide reputation for excellence in the dissemination of leisure research framed within a relaxing and collegial environment. Leisure research has become more and more central to our ever-changing world. The contribution of leisure to the health of our citizens and our environment has become more evident through leisure research.

At the same time, our economic times demand ongoing critical evidence of the benefits and the costs of leisure. I am extremely excited to listen to the latest perspectives on leisure from the best in the world. I know CCLR 10 will provide *a* wonderful opportunity for open dialogue and debate. I also know that our famous Alberta hospitality will ensure that the delegates are able to enjoy all that Edmonton, Alberta and Canada have to offer.

I truly hope that all of you have a chance to enjoy even a little bit of our rich outdoor environment - be it our river valley or the Rocky Mountains. Welcome to the U of A! Please enjoy your stay with us.

Sincerely,


Dr. Michael J. Mahon
Dean
Faculty of Physical Education & Recreation

Faculty of Physical Education and Recreation
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ACKNOWLEDGMENTS

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CALS: The Canadian Association for Leisure Studies

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Co-operating Journals

Leisure/Loisir: Journal of the Canadian Association for Leisure Studies
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ABSTRACTS

of Papers Presented at the Tenth
Canadian Congress on Leisure Research

May 22-25, 2002

Faculty of Physical Education and Recreation
University of Alberta
Edmonton, Alberta

Abstracts compiled and edited by
Edgar L. Jackson

CCLR-10 Programme Committee
Karen Fox
Ed Jackson
Gordon Walker



CCLR 10

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